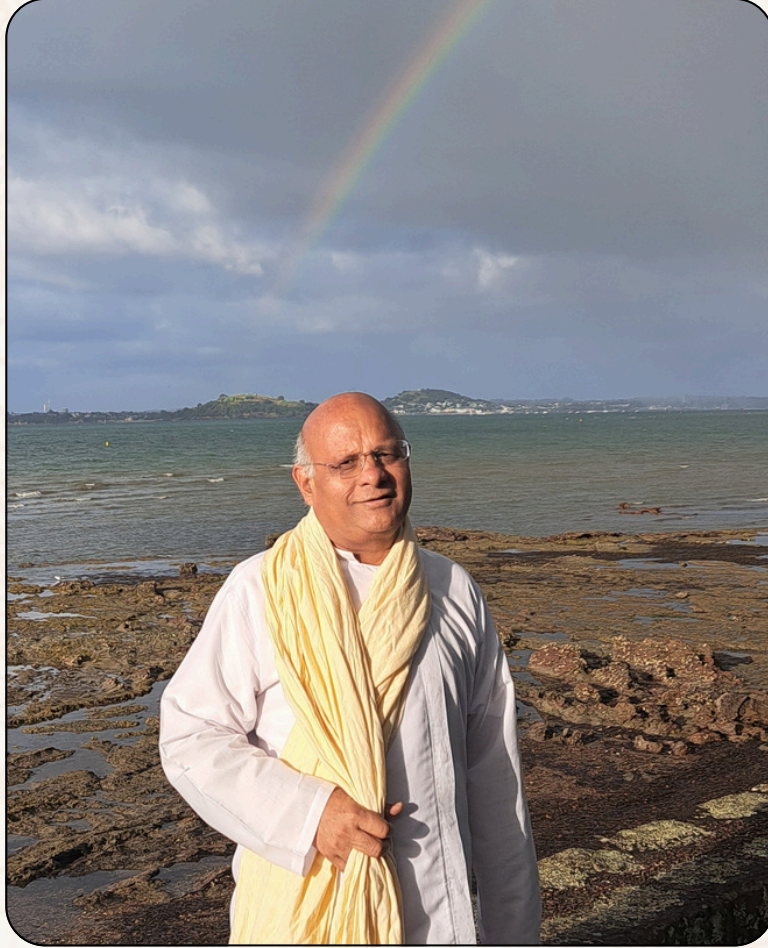




Special Issue for Ayambil Odi

Saman Shrutpragyaji

Ayambil Odi is a journey of
purity — nourishing the
soul through simplicity,
discipline, and inner
reflection

**Special Thanks to donor Bharti
Vinod Mehta, Kuala Lumpur**

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Saman's PROGRAMS

Jaisalmer Trip



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Ahmedabad Trip



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Rajkot



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Ayambil Oli

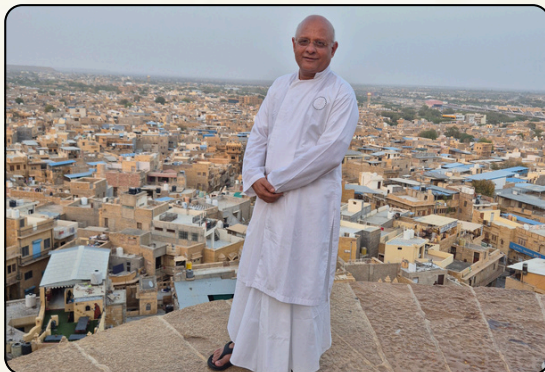


[Read More](#)

Jaisalmer Trip

Date: March 13–17

Saman Shrutpragyaji visited Jaisalmer, Rajasthan. It was a great experience, including a visit to the border with interactions with soldiers, along with exploring Jain Temple, Patwon Ki Haveli, and Tanot Mataji Mandir.



vibes in Jaisalmer



Army museum in Jaisalmer

Ahmedabad Trip

March 18

Jayeshbhai Shah and his daughter Shikha organized a motivational talk on meditation by Saman Shrutpragyaji.

We experienced a beautiful guided meditation in his presence—truly a wonderful and calming experience.



After meditation class - calm munds, happy faces

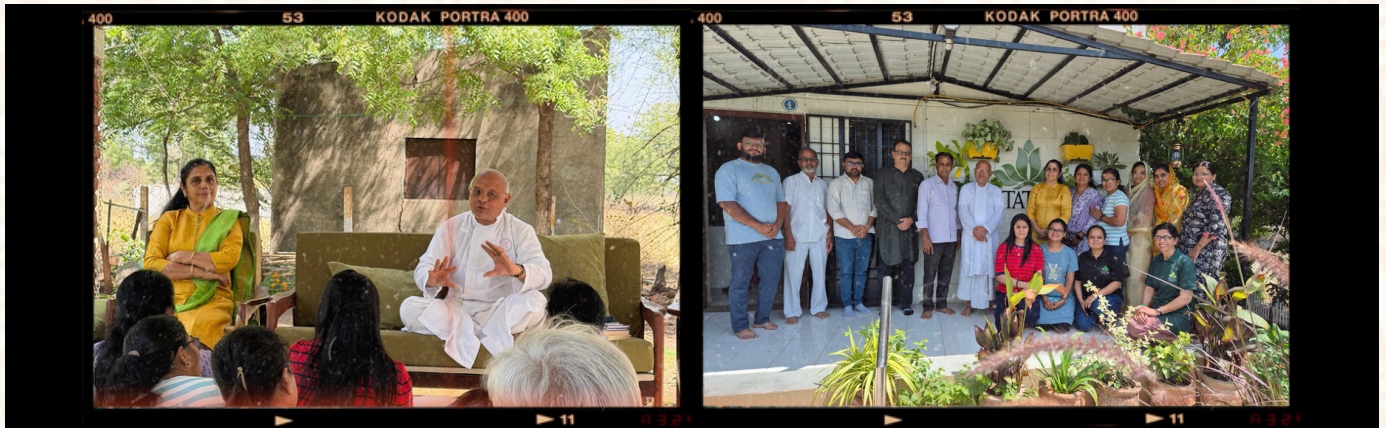


Tattva Naturopathy Rajkot

Date: March 22

At Tattva Naturopathy Center, on the kind invitation of Rasilaben Patel, Saman Shrutpragyaji delivered an inspiring talk on the “Law of the Universe” for naturopathy students.

We also experienced a guided meditation, shared a meal together, and had the privilege of receiving Samanji’s gochari. It was truly a joyful and enriching experience.



Purusharth School: Bhanvad

Date: March 23, 2026

Saman Shrutpragyaji attended a prayer session at Purushar School, Bhanvad. He guided students and teachers, explaining the concept, importance, and benefits of practicing Ayambil Odi. Around 500 students, along with all teachers and staff, attended the session. The very next day, 196 students observed Ayambil.



Ayambil Oli

The third Ayambil Oli was observed at Purusharth School in the holy presence of **Saman Shrutpragyaji**. Each day, an average of 185 students participated in Ayambil—**none of them Jain by birth, yet deeply committed to this spiritual practice.**

Heartfelt thanks to **Bharti Vinod Mehta (KL, Malaysia)** and all our generous sponsors—this would not have been possible without your support.



“Small Steps, Great Austerity - An Inspiring Ayambil Oli”

Date: 2nd April 2026

Purusharth Campus, Bhanvad

In the divine presence of Pujya Saman Shri Shrutpragyaji (Peace of Mind, Rajkot), the Parna of Ayambil Oli was celebrated with great devotion. A total of 120 children and teachers completed nine continuous days of Ayambil Oli—a truly inspiring feat in today’s fast-paced era. The most touching moment was when parents performed Parna for their children, creating an emotional and unforgettable atmosphere.

All participants were honored in the prayer assembly, where Mrs. Bhartiben Vinodbhai Mehta (Malaysia) gifted Safari travel bags, along with generous contributions from other donors including school essentials and useful items.



Remarkably, none of the participating children were born Jain, making this a historic and first-of-its-kind achievement in India's education field.



This success was made possible through the vision of Director Shri Bhimsibhai Karmur, the dedication of teachers, strong support from the Jain community, and contributions from Rajubhai Fifodra and Ravinaben. More than a religious event, it stood as a powerful inspiration of discipline, self-control, and spiritual education.



Add a little bit of body text

Gratitude *for* Ayambil Odi

Purusharth School, Bhanvad (India)

We at **Peace of Mind, Rajkot**, sincerely thank all our generous sponsors who supported **Ayambil Odi** for the students of Purusharth School, Bhanvad.

It is inspiring that none of these students are Jain by birth, yet with your support, they experienced this beautiful spiritual discipline. Your kindness nourished their bodies and touched their hearts.

Thank Our Wonderful Sponsors:

- 1. Main Donor:**
Bhartiben Vinodbhai Mehta & Family
KL: Malaysia
- 2. Mita Hitesh Shah – Chicago**
- 3. Dakshaben Ravindrabhai Sanghavi Parivar – Rajkot (Copenhagen/Atlanta)**
- 4. Parul Paresh Shah – New Jersey, USA**
- 5. Pinky Pinakin Matallia – Austin, TX**
- 6. Bina Nilesh Shah – Chicago, USA**
- 7. Heena Dipak Mehta – Chicago, USA**
(In loving memory of Late Chandrikaben H. Mehta)
- 8. Shivali Eric Gandhi (Maitri, Vansh) – Chicago, USA**
- 9. Shikha Jayesh Shah – Ahmedabad**
- 10. Dharmi Atul Shah – Chicago, USA**
- 11. Shaku Umed Shah – Maryland, DC**
- 12. Ritu Sanjay Mohnot – Singapore**
- 13. Shardaben Chamanlal Doshi & Bhanumati Nagindas Gheewala**
- 14. Manchester Tuesday Vadil Ladies Satsang Group, UK**
- 15. Arti Subhash Choxi, Dilawar – USA**
- 16. Rutavkumar Dharek – Manavadar**
- 17. Asha Gosaliya Birthday – Chicago**
- 18. Ashaben Gosaliya's Mother Puniyatithi – Chicago**

Your kindness, compassion, and commitment to values have made this initiative meaningful and memorable for every child involved.

- ✦ Around 190 students observed Ayambil — each one a beautiful example of inner strength and discipline.
 - ✦ Ages 12 to 18, and not a single one Jain by birth — yet deeply connected to the spirit of this sacred practice.
 - ✦ This is not just participation; it is transformation.
 - ✦ You have planted seeds of good Sanskara, spirituality, and self-discipline that will blossom for a lifetime.
- 🙏 May your generosity continue to light countless hearts and guide many more souls towards such meaningful paths.

With heartfelt thanks,
Peace of Mind, Rajkot



COMING SOON

FIRST TIME IN JAIN HISTORY

Global Online

PARYUSHAN PARV 2026

(with Saman Shrutpragyaji & Ashish Mehta)

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From Your Home to Your Soul

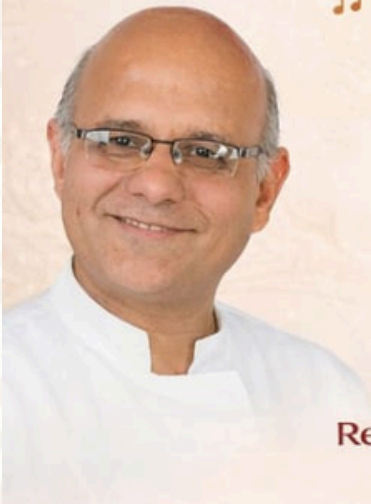


September 8 – 15, 2026

Experience **Paryushan** in a simple, practical & powerful way

Guided by **Saman Shrutpragyaji**

🎵 With soulful music by **Ashish Mehta**
(International Singer & Composer)



What You'll Experience

- 🎵 Bhakti with Music
- 🧘 PranYog Meditation
- 🧘 Bhav Pratikraman
- 📖 Daily Discourses
- ❓ Interactive Q&A



Registration Opens: April 22, 2026
(Be ready & do on time)

Contact:

- 🇺🇸 Pinky Matalia, Austin, TX: +1 (512) 769-0609
- 🇺🇸 Avni Mukesh Shah, Fremont, CA: +1 (510) 449-6035
- 🇺🇸 Kalpana Gandhi, New York: +1 (917) 744-9138
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Organized by:

Peace of Mind Yogic Center, USA
In association with Austin Jain Sangh
(pomyc.org@gmail.com)



Inauguration of a New Gateway to Knowledge – Computer Lab Dedication Ceremony

Date: April 2, 2026

- ~ Computer lab set up with support from Peace of Mind Foundation
- Inaugurated by Saman Shrutpragyaji
- ~ 33 computers donated to Purusharth Sanstha
- ~ Donors: Parulben Mukeshbhai Kamdar (Austin) & Kantibhai Shah (Tulsa)
- ~ Opened on the auspicious day of Aymbil Oli Parna
- ~ Dedicated to students' digital education
- ~ Gratitude to all supporters



**MAIN DONORS: KANTIBHAI SHAH, TULSA &
PARUL MUKESHBHAI KAMDAR, AUSTIN, TX – USA**



Trifold Inauguration at Tapovan

On 5 April 2026, a trifold inauguration ceremony was held at Tapovan in the gracious presence of Saman Shrutpragyaji.

Book Lokarpan

Four books were inaugurated, authored by Dr. Tulsidas Kaneriya, Narottam Palan Dada, Saman Shrutpragyaji, and Maldebhai. Among them, Gyan Geeta by Saman Shrutpragyaji was released by Hareshbhai Dholakiya(Bhuj-Kutch), who also presented a brief review.



Sports Complex Lokarpan

The Sports Sankul was sponsored by Mudubhai Bera for the benefit of students of Purusharth School and Tapovan.



School Bus Inauguration

The school bus was generously donated by Jayaben Visanjibhai Gala from Memphis, TN. Purusharth School, Bhavad, and Peace of Mind Foundation, Rajkot, express their sincere gratitude for this valuable contribution.



MONTH	DATES	LOCATION
APRIL	18	LECTURE AT SGVP GURUKUL RIBDA
APRIL	19-20	BHUJ TRIP
APRIL	21-30	ABHAVALAY RAJKOT
MAY	8-12	RAJASTHAN
MAY	13-20	ABHAVALAY RAJKOT
MAY	22-27	HIMANCHAL PRADESH
JUNE - SEPT	June 29 - Sept 30	USA TRIP 

